



## Event Details...also posted at [everyoneruns.net](http://everyoneruns.net)

**November 11, 2018 TMC, Fleet Feet Veterans Day Half Marathon & 5k  
Course Instructions & Other Very Important Details  
Please Read Carefully and Completely!!!**

### **Packet pick-up**

**(out-of-towners can pick-up race morning from 5:45am to 7:00am)**

### **Fleet Feet Sports**

**Friday, 11/9: 3:00pm to 6:00pm 7301 E. Tanque Verde**

**Saturday, 11/10: 10:00am to 3:00pm 7607 N. Oracle Rd.**

**Please do not arrive at the store for your packet prior to these hours!**

Thanks for joining us for the 14th Annual Everyone Runs TMC Veterans Day Half Marathon & 5k at Old Tucson, 201 S. Kinney Rd.

**Start times:** 7:15am start time for the half marathon, 7:25am the 5k  
Entry to the race from Gates Pass & Kinney Rd. will be closed at 7am, so you must arrive before then or you will not be allowed to enter the event. If you travel from Kinney & Ajo you will have no restrictions, but you must turn into the Old Tucson lower parking lot.

**Parking:** cars arriving from Gate Pass/Kinney Rd. to Old Tucson will enter through the main parking lot and be directed to park in the lower auxiliary lot. Cars coming from Kinney Rd. south of Old Tucson will enter directly into the auxiliary lot. All cars must leave the event through the lower lot exit. No cars will be allowed to park in the main entrance or employee lots.

**Spectators:** please advise your friends & family to not venture onto the course with vehicles to watch the race as the roadway will be closed on the southbound lanes and it will take over 30 minutes to get back to Old Tucson if they do so (via Sandario Rd. south, to Ajo to Kinney. In past years, spectator cars created dangerous conditions for the runners. If your "fans" want to be on the course, please have them park at Old Tucson and then walk out onto the course BEFORE the race begins. Thank you for heeding this warning.

**Pacers:** personal pacers/friends are NOT allowed to pace you on the course, unless they registered for the race. We have professional pacers so that you can make your goal time. Look for their signs at the start of the race.

**Timing:** the half and 5k will be chip timed and your chip will be on the back of your bib. Do not attempt to remove or bend it. Your time starts & finishes when you cross the start/finish line. If you do not wear your chip you will not receive a finishing time or be eligible for an award. **Your final time and all awards will be based on the chip time. Overall 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place for the half and 5k will be determined by gun time, which is the official time per USATF rules.** The 5k stroller division will only have awards for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place overall (stroller division will not be split by male and female).

Overall male and female winners will be removed from age group awards. \$100 goes to 1<sup>st</sup> place male and female in the half marathon only.

**Bag Drop:** for security reasons, we will not have a bag drop area. You are welcome to leave any jackets or shirts near our white tents at the start finish line You can also drop clothes at any water station. They will be returned around 10:45am.

**So that none of you lose your way on our course, here's the very simple low-down on where you're headed: (map is posted on [everyoneruns.net](http://everyoneruns.net) front page):**

The half & 5k start and finish at the Old Tucson main parking lot. Our course is very simple and completely lined with orange cones for your safety and easy direction. Just follow the cones, which you must to stay within, or you will automatically be disqualified. This is for your safety.

**DO NOT RUN OR CROSS INTO THE LANE THAT IS FOR VEHICLE TRAFFIC ONLY!!!!**

**Half marathon:** your course travels north on Kinney Rd, past the AZ Desert Museum (you are now on Mile Wide Rd), turns around just east of Sandario Rd, heading back to McCain Loop Rd., where you will turn right and run in the right lane. McCain Loop ends at Kinney Rd, where you will turn right and head directly back to your finish at Old Tucson. **CUT-OFF TIME IS 10:45am (3:30 time limit)**

**5k:** your start is the same as the half marathon and runs north on Kinney Rd. for 1.5 miles to your turnaround and then straight back to the start/finish line at Old Tucson.

**BOTH courses are USA track & Field certified courses for exact measurement!**

**Water Stations & Porta Potties for half marathon:** there will be a minimum of seven water & energy drink (“Tailwinds”) stations evenly placed throughout the course. Three of which you can get in both directions, so you actually have 10 opportunities for hydration! The half marathon will have a “re-fueling station” at the turnaround with bananas, water, Tailwinds drink, Sport Beans, Honey Stinger gels and a medic rotating in the area. 5k will have one water station near mile 1, which can be accessed in both directions.

Porta-Potties will also be available on the half marathon course. Please refrain from urinating in the open desert and neighborhoods. We are guests of this area and would like to return next year.

**Post-race:** When you cross the finish line you will receive your finisher’s medal and your long sleeve tech shirt, which will be at our white tents at the start/finish line (your size is reserved based on what you filled out on your entry form – shirts can be picked-up race morning prior to the start, as well). If we have extra shirts, you can exchange for a different size after everyone has received their shirt. Afterwards, grab yourself a free bottle of water and then head over to our party area for our famous & free Mexican breakfast and coffee (paid participants only). Breakfast for spectators can be purchased for \$3 each.

Our awards ceremony will begin as timely as possible. 5k around 8:40am. Half Marathon about 9:45am.

**If you have any questions at all, please email [everyoneruns@comcast.net](mailto:everyoneruns@comcast.net) or call 520-975-6766.**

**Thanks so much for choosing to join us for this great day of running, walking and community spirit!**