



# Everyone Runs Everyone Walks

Split Endz

Numbers refer to course directions, not miles

- Start to Birding Trail (#1)
- Birding Trail to Canyon Loop (#2)
- Canyon Loop to Montrose Pools out & back (3)
- Canyon Loop to Nature Trail (4)
- Birding Trail Loop then to finish (#5)

Note for 10.3 milers: repeat entire course after finishing Nature Trail, starting with Birding Trail.

## Catalina State Park

### 5.3 and 10.6 Mile Trail Run

### September 27, 2020

10.6 Miler – 6:15 a.m.

5.3 Miler – 6:30 a.m.

