

Run with the Roosters Event Details - A MUST READ!!!
July 10, 2016, 5:00 a.m. start
(or first sign of the sun), Old Tucson

Thanks for being a part of Everyone Runs Tucson Medical Center "Run with the Roosters" Kinney Rd. 5 Miler. We hope you enjoy it!

Directions: Speedway west to Gates Pass. Travel Gates Pass to Kinney Rd. Turn left (south) on Kinney. The first Old Tucson entrance is the employee & delivery entrance - you must use that entrance. Please do not come from Ajo to Kinney, as Kinney will be closed to traffic at 4:30 a.m.

Parking Details: Our course starts and finishes at the main park entrance to Old Tucson Studios at 201 S. Kinney Rd. Please arrive on-time. **All roads will be closed by 4:40 a.m., 4:30 if you are coming from south on Kinney.** Parking is plentiful and is right near the start/finish line. We will start parking you via the Old Tucson employee parking lot, which is the first (north) entrance of Old Tucson. We specifically ask those of you who plan to leave early to use the employee lot, so you can leave without coming near any of the runners & walkers that may still be on the course. Early arrivals will be directed down the employee entrance road to the main lot for up-front parking!

Timing: This event will be chip timed event and you must wear your bib on the front of your body. Walkers and jogging strollers should start in the back of the pack. Chips will only be available race morning.

The course travels south out of the Old Tucson parking lot onto S. Kinney Rd. You will then run south for 2.5 miles, at which point you will turnaround at the end of Tucson Mountain Park on Kinney Rd (staff will be there to turn you around) and you will then head back to Old Tucson. A course monitor will direct you back into the parking lot. You will then run within the coned area and make your way to the finish line (same as from where you started your run or walk). It's that simple. You have until 7 a.m. to complete the course, at which time Kinney Rd. will be re-opened to vehicles.

Race Shirts: Your finisher cotton sleeveless shirt will await you at the finish line. Your size is reserved and is noted at the shirt table. We cannot change your size until after the event is over. There will be a table for women and one for men. **Wear a past Everyone Runs event shirt and take home one past race shirt while supplies last at our pre-race shirt extravaganza at our tent!**

Water/Aid Stations: Two stations water/Fluid performance drink stations will be spaced evenly on the course. Each station is accessible in both directions, so you will have four stations (miles 1, 2, 3, 4)

Post-Event & Awards: Eat, drink and have fun! Enjoy your free Mexican breakfast, free snow cones and free iced-tea and iced-coffee from Brewd. Our awards ceremony, featuring our ever-popular Rooster trophies, will start around 6:15 a.m. (give or take 15 minutes or so). Three words: "Slip 'n Slide!"

Awards as follows:

- Overall male & female: 1st, 2nd and 3rd places: trophies and prizes
- 5-year age groups will be determined on race day and 1st, 2nd and 3rd place will be awarded custom Everyone Runs Rooster trophies.
- Overall winners will be removed from age group qualification
- Middle of the pack runner wins a Garmin from Fleet Feet!

Post Race: Please email us your comments (good or not-so-good to everyoneruns@comcast.net) or visit our Facebook page (Everyone Runs).

Photos: Event photos will posted a few days after the race at www.flickr.com/everyoneruns. Photos are always a freebie compliments of Everyone Runs!

Fall Event Registration Discounts! We'll be taking registrations for our Fall events at this race with discounts for the September 25 Catalina State Park "Split Endz" 5k Road Race and 5.2 & 10.3 Mile Trail Run/Walk and the November 10 TMC, Fleet Feet Veterans Day Half Marathon & 5k. You can print out the form in-advance at everyoneruns.net or fill-out one on site. **Cash or check only.**

Any Questions? Call 520-797-7867 or email everyoneruns@comcast.net